

The Priest receives Holy Communion.

The Priest then sanitises his hands and taking the covered ciborium containing the hosts for the Communion of the people. PLEASE REMAIN IN YOUR PLACE.

Holy Communion will be given in your hand, so please place one hand over the other, palm upwards. As you the Priest approaches please keep 1 metre distant and stretch out your hands to the Priest who will place the Host in your hands without any words. **There is no need to respond 'Amen' as you have already done this.**



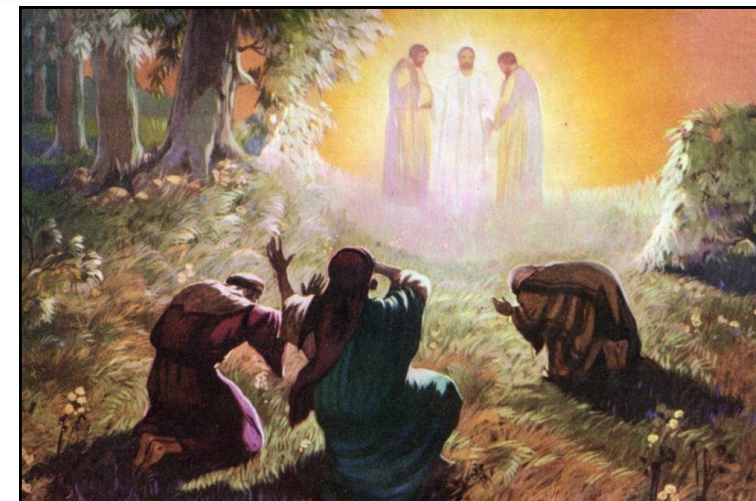
CATHOLIC PARISH OF OUR LADY OF PITY SWAFFHAM & WATTON

CONCLUDING PRAYER, FINAL BLESSING & DISMISSAL

The Priest gives the Blessing and the dismissal.

Please leave your seats as directed by the stewards, and maintaining social-distancing of 2 metres please move up the aisle towards the Narthex. Please leave the Church, pausing only to sanitise your hands and place any offering you may wish to make in the baskets provided.

Although it will seem unnatural and sad, please do not gather in the car park to chat. Observe social- distancing and return to your cars or leave the premises as quickly as is possible. If you need to wait to leave the car park, please do so inside your car.



The Encyclical Letter Fratelli Tutti

On Fraternity and Social Friendship



POPE FRANCIS

Living Fratelli Tutti

A discussion/sharing group open to all on **Fratelli Tutti**, looking at short extracts selected by participants.

You can get a free download from the Vatican website
http://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20201003_enciclica-fratelli-tutti.html

or it can be purchased on-line from Amazon and other such websites.

Wednesday 3rd March 7.00pm

Session 2: Chapter 1 DARK CLOUDS OVER A CLOSED WORLD

To participate, please e-mail Fr Mark at ourladyofpity@btinternet.com for a link. The sessions will be conducted via 'Zoom' which will endeavour to record and make available through our Parish Website.

Appeal for helpers

The sessions will be hosted and facilitated by Michael and Marie-Madeleine Kenning who are appealing for parishioners to propose extracts for discussion. Please contact mariemadeleinekenning@gmail.com.

MASS

FOR

2ND SUNDAY OF LENT B

SATURDAY 27TH FEBRUARY, 2021

5.00PM

(STREAMED ONLY)

&

SUNDAY 28TH FEBRUARY, 2021

8.30AM, 10.30AM SWAFFHAM

(PUBLIC AND LIVE-STREAMED)

www.ourladyofpity.org

ENTRANCE HYMN:

Music will be played at the beginning of Mass.

PENITENTIAL RITE:

The Priest introduces the Penitential Rite. Due to the current pandemic, if the Kyrie is sung by a the Priest or Cantor, then please do NOT join in!

ALL **I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

'KYRIE':

The 'Kyrie eleison' is sung by the Cantor alone.

COLLECT

After the Collect we SIT for the Liturgy of the Word.

THE LITURGY OF THE WORD

FIRST READING:

Genesis 22: 1-2.9-13.15-18 *The sacrifice of Abraham, our father in faith.*

God put Abraham to the test. 'Abraham, Abraham' He called. 'Here I am' he replied. 'Take your son,' God said, 'your only child Isaac, whom you love, and go the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.'

**Lamb of God, you take away the sins of the world,
grant us peace.**

HOLY COMMUNION:

The Rite of Holy Communion and reception of the Blessed Sacrament differs during this period of the pandemic emergency.

The Priest presents the consecrated host and chalice to the people:

PRIEST Behold the lamb of God,
 behold Him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

ALL **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

The Priest then presents the Host and the Chalice to the people using the words that are normally said to each as they receive Holy Communion. We respond 'Amen' each time. This means that when you receive Holy Communion at the end of Mass, no dialogue is necessary at that point.

PRIEST The Body of Christ.

ALL **Amen.**

As those of us are joining Mass via live streaming are unable to receive Holy Communion, we make together the following Act of Spiritual Communion before the Priest receives the Sacrament.

AN ACT OF SPIRITUAL COMMUNION

**My Jesus,
I believe that you are present in the Most Holy Sacrament.
I love you above all things and I desire to receive you into my
soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.**

PRIEST Let us give thanks to the Lord our God.
ALL It is right and just.

*The Priest continues with the Preface to the Eucharistic Prayer. At its conclusion we either say the 'Sanctus' together, or it is sung by the **Cantor alone**.'*

THE 'SANCTUS':

ALL Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the Lord.
Hosanna in the highest.

In order to ensure social-distancing PLEASE REMAIN STANDING AFTER THE SANCTUS. If you need to sit, then please do so.

THE MYSTERY OF FAITH:

*After the Consecration we either say the 'Mystery of Faith' together, or it is sung by the **Cantor alone**.'*

ALL Save us, saviour of the world,
for by your Cross and Resurrection
you have set us free.

THE 'GREAT AMEN':

*At the end of the Eucharistic Prayer, we either say the 'Great Amen' together, or it is sung by the **Cantor alone**.*

THE 'AGNUS DEI':

*During the 'Breaking of the Bread' we either say the 'Agnus Dei' together, or it is sung by the **Cantor alone**.'*

Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.

When they arrived at the place God had pointed out to him, Abraham built an altar there and arranged the wood. Then he stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham,' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt-offering in place of his son.

The angel of the Lord called to Abraham a second time from heaven. 'I swear by my own self — it is the Lord who speaks - because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of their enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

RESPONSORIAL PSALM:

Please join in saying the Response after the Cantor and between the verses of the Psalm., unless the Psalm is sung in its entirety by the Cantor without any response.

**I will walk in the presence of the Lord
in the land of the living.**

SECOND READING:

Romans 8: 31-34

God did not spare His own Son.

With God on our side who can be against us? Since God did not spare His own Son, but gave Him up to benefit us all, we may be certain, after such a gift, that He will not refuse anything He can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us—He rose from the dead, and there at God's right hand He stands and pleads for us.

GOSPEL ACCLAMATION:

We stand and say together the Gospel Acclamation.

Glory and praise to you, Lord Jesus Christ!
From the bright cloud the Father's voice was heard:
'This is my Son, the Beloved. Listen to Him!'
Glory and praise to you, Lord Jesus Christ!

GOSPEL:

Mark 9: 2-10

This is my Son, the Beloved!

Six days later, Jesus took with Him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence He was transfigured: His clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus: 'Rabbi,' he said, 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to Him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus. As they came down from the mountain He warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

HOMILY

THE PRAYER OF THE FAITHFUL

The Prayer of the Faithful is omitted during public Masses during the pandemic emergency, but you are invited to use the time during the Preparation of the Altar for your private prayer so that we continue our mission of praying together.

Please include in your prayers those who are sick, those who have died recently, and those whose anniversaries fall at this time.

FOR OUR SICK:

Jinny Birkbeck, Brian & Margaret Nash, Jan and Margita Pivarnikovi, Sr Francis, Vic Head, Kim Wright, Margaret Maxey, Theresa Axham, Norah Reeve, Catherine Oliver, Charles Burgess, Helen Philips, Edward Hodnett, Jack Izzo, Peggy Ellis, Davida MacDonald, Christine Dryden, Sheila Morris, Anna Dawson, Maureen & Eddie Doran, Gail Double, Lina Giovoni, Klaudia James., Heather Smith, Phyllis Cornish, Donata Bookham.

May the Lord bring them comfort and healing.

FOR THOSE WHO HAVE DIED †

For Michael O'Sullivan, Simon Trevillion, and all those who have died recently, and for Richard Bell, Onorato Anginaletta, Margaret Muldoon, Geoffrey Reeve, Helena McConologue, Phoebe Marks, Frances Simper, Mignon Cope, Ursula Doyle, Jan Hajduk, Baby John Donovan, Fr Trevor Richardson, Thomas Muldoon, Cyril Opara whose anniversaries fall this week.

May they rest in peace.

THE LITURGY OF THE EUCHARIST

As the Altar is prepared music is played.

PRIEST Pray, my brothers and sisters,
that my sacrifice and yours
may be acceptable to God the almighty Father.

ALL **May the Lord accept the Sacrifice at your hands,
for the praise and glory of His name,
for our good and the good of all His holy Church.**

THE PREFACE & EUCHARISTIC PRAYER

The Priest prays over the gifts and then introduces the Preface to the Eucharistic Prayer.

PRIEST The Lord be with you.

ALL **And with your Spirit.**

PRIEST Lift up your hearts.

ALL **We lift them up to the Lord.**