

CONCLUDING PRAYER, FINAL BLESSING & DISMISSAL

The Priest gives the Blessing and the dismissal .

COMMUNION OF THE FAITHFUL

The Priest sanitises his hands and taking the covered ciborium containing the hosts for the Communion of the people, he moves to the Narthex.

Please leave your seats as directed by the stewards, and maintaining social-distancing of 2 metres please move up the aisle towards the Narthex removing your mask just before you receive Holy Communion.

Holy Communion will be given in your hand, so please place one hand over the other, palm upwards. As you approach the Priest please keep 1 metre distant and stretch out your hands to the Priest who will place the Host in your hands without any words. **There is no need to respond 'Amen' as you have already done this.**

When you have received Holy Communion, please leave the Church, pausing only to sanitise your hands and place any offering you may wish to make in the baskets provided.

Although it will seem unnatural and sad, please do not gather in the car park to chat. Observe social- distancing and return to your cars or leave the premises as quickly as is possible. If you need to wait to leave the car park, please do so inside your car.



CATHOLIC PARISH OF OUR LADY OF PITY SWAFFHAM & WATTON



MASS
FOR
30TH SUNDAY IN ORDINARY TIME
SATURDAY 24TH OCTOBER, 2020
5.00PM WATTON
&
SUNDAY 25TH OCTOBER, 2020
8.30AM, 10.30AM SWAFFHAM
(PUBLIC & STREAMED)

Public Masses are limited to 30 people.

To book please consult the Website.

www.ourladyofpity.org

PENITENTIAL RITE:

The Priest introduces the Penitential Rite. Due to the current pandemic, if the Kyrie is sung by a the Priest or Cantor, then please do NOT join in!

ALL **I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

‘GLORIA’:

The Gloria is said together.

Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God almighty Father.
Lord Jesus Christ, Only-begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One, you alone are the Lord,
you alone are Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT

After the Collect we SIT for the Liturgy of the Word.

HOLY COMMUNION:

The Rite of Holy Communion and reception of the Blessed Sacrament differs during this period of the pandemic emergency.

The Priest presents the consecrated host and chalice to the people:

PRIEST Behold the lamb of God,
 behold Him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

ALL **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

The Priest then presents the Host and the Chalice to the people using the words that are normally said to each as they receive Holy Communion. We respond ‘Amen’ each time. This means that when you receive Holy Communion at the end of Mass, no dialogue is necessary at that point.

PRIEST The Body of Christ.

ALL **Amen.**

As those of us are joining Mass via live streaming are unable to receive Holy Communion, we make together the following Act of Spiritual Communion before the Priest receives the Sacrament.

AN ACT OF SPIRITUAL COMMUNION

**My Jesus,
I believe that you are present in the Most Holy Sacrament.
I love you above all things and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.**

The Priest receives Holy Communion, then cleanses the vessels and leads us in the Closing Prayer.

The Priest continues with the Preface to the Eucharistic Prayer. At its conclusion we either say the 'Sanctus' together, or it is sung by the **Cantor alone.**

THE 'SANCTUS':

ALL Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the Lord.
Hosanna in the highest.

In order to ensure social-distancing PLEASE REMAIN STANDING AFTER THE SANCTUS. If you need to sit, then please do so.

THE MYSTERY OF FAITH:

After the Consecration we either say the 'Mystery of Faith' together, or it is sung by the **Cantor alone.**

ALL When we eat this Bread and drink this Cup,
we proclaim your death, O Lord,
until you come again.

THE 'GREAT AMEN':

At the end of the Eucharistic Prayer, we either say the 'Great Amen' together, or it is sung by the **Cantor alone.**

THE 'AGNUS DEI':

During the 'Breaking of the Bread' we either say the 'Agnus Dei' together, or it is sung by the **Cantor alone.**

Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.

THE LITURGY OF THE WORD

FIRST READING:

Exodus 22: 20-26

*If you are harsh with the widow, the orphan,
my anger will fare against you.*

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare out and I shall kill you with the sword, your own wives will be widows, your own children orphans.

If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

RESPONSORIAL PSALM:

Please join in saying the Response after the Cantor and between the verses of the Psalm., unless the Psalm is sung in its entirety by the Cantor without any response.

I love you, Lord, my strength.

THE SECOND READING:

1 Thessalonians 1: 5-10 *You broke with idolatry and became servants of God; you are now waiting for His Son.*

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you

the great example to all believers in Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, His Son, whom He raised from the dead, to come from heaven to save us from the retribution which is coming.

GOSPEL ACCLAMATION:

We stand and say together the Gospel Acclamation.

Alleluia, alleluia!
Open our heart, O Lord,
To accept the words of your Son.
Alleluia!

GOSPEL:

Matthew 22: 34-40

*You must love the Lord your God
and your neighbour as yourself..*

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

HOMILY

THE PRAYER OF THE FAITHFUL

The Prayer of the Faithful is omitted during public Masses during the pandemic emergency, but you are invited to use the time during the Preparation of the Altar for your private prayer so that we continue our mission of praying together.

Please include in your prayers those who are sick, those who have died recently, and those whose anniversaries fall at this time.

FOR OUR SICK:

Elizabeth (Lily) Castles, Sr Francis, Vic Head, Kim Wright, Margaret Maxey, Catherine Hole, Theresa Axham, Norah Reeve, Catherine Oliver, Charles Burgess, Helen Philips, Edward Hodnett, Jack Izzo, Peggy Ellis, Davida MacDonald, Christine Dryden, Sheila Morris, Anna Dawson, Maureen & Eddie Doran, Gail Double, Lina Giovoni, Sr Elizabeth Rees, Francis Bostrom, Vishal Patil Rao & Klaudia James., Heather Smith.

May the Lord bring them comfort and healing.

FOR THOSE WHO HAVE DIED †

For Kath Hole and Doris 'Toni' Groom who died recently, and for Denis Ambrose, Roger Oliver, Georgina Raymond, Edna Grant, Jack Keating, Jozef Pivarnik, Ann Taylor, Maria Pivarinkova & Maisie Thompson whose anniversaries fall this week. ***May they rest in peace.***

THE LITURGY OF THE EUCHARIST

As the Altar is prepared music is played.

PRIEST Pray, my brothers and sisters,
that my sacrifice and yours
may be acceptable to God the almighty Father.

ALL **May the Lord accept the Sacrifice at your hands,
for the praise and glory of His name,
for our good and the good of all His holy Church.**

THE PREFACE & EUCHARISTIC PRAYER

The Priest prays over the gifts and then introduces the Preface to the Eucharistic Prayer.

PRIEST The Lord be with you.

ALL **And with your Spirit.**

PRIEST Lift up your hearts.

ALL **We lift them up to the Lord.**

PRIEST Let us give thanks to the Lord our God.

ALL **It is right and just.**