

As those of us who are joining Mass via live streaming are unable to receive Holy Communion, we make together the following Act of Spiritual Communion before the Priest receives the Sacrament.

AN ACT OF SPIRITUAL COMMUNION

**My Jesus,
I believe that you are present in the Most Holy Sacrament.
I love you above all things and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.**

The Priest receives Holy Communion.

The Priest then sanitises his hands and taking the covered ciborium containing the hosts for the Communion of the people. PLEASE REMAIN IN YOUR PLACE.

Holy Communion will be given in your hand, so please place one hand over the other, palm upwards. As the Priest approaches please keep 1 metre distant and stretch out your hands to the Priest who will place the Host in your hands without any words.

PRIEST The Body of Christ.
ALL Amen.

CONCLUDING PRAYER, FINAL BLESSING & DISMISSAL

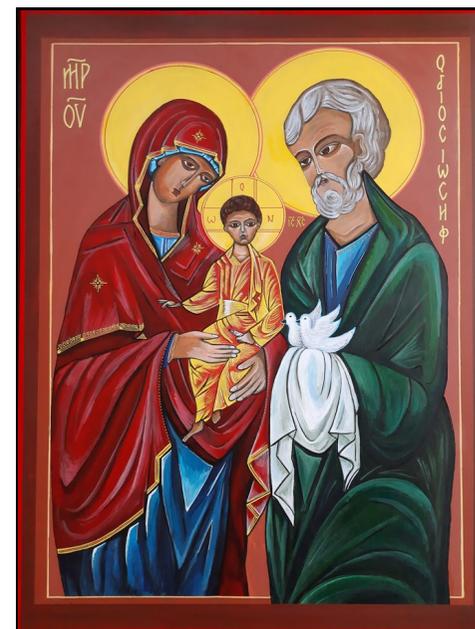
The Priest gives the Blessing and the dismissal .

Please leave your seats as directed by the stewards, and maintaining social-distancing of 2 metres please move up the aisle towards the Narthex. Please leave the Church, pausing only to sanitise your hands and place any offering you may wish to make in the baskets provided.

Although it will seem unnatural and sad, please do not gather in the car park to chat. Observe social- distancing and return to your cars or leave the premises as quickly as is possible. If you need to wait to leave the car park, please do so inside your car.



CATHOLIC PARISH OF OUR LADY OF PITY SWAFFHAM & WATTON



MASS
FOR
12TH SUNDAY OF ORDINARY TIME B
SATURDAY 19TH JUNE, 2021
5.00PM WATTON
&
SUNDAY 20TH JUNE, 2021
8.30AM, 10.30AM SWAFFHAM
(PUBLIC & STREAMED)

Public Masses are limited to 30 people at Watton and 50 people at Swaffham. To book please consult the Website.

www.ourladyofpity.org

ENTRANCE HYMN:

Music will be played at the beginning of Mass.

PENITENTIAL RITE:

The Priest introduces the Penitential Rite. Due to the current pandemic, if the Kyrie is sung by a the Priest or Cantor, then please do NOT join in!

ALL **I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

'GLORIA':

The Gloria is said together.

Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God almighty Father.
Lord Jesus Christ, Only-begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One, you alone are the Lord,
you alone are Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT

After the Collect we SIT for the Liturgy of the Word.

THE MYSTERY OF FAITH:

After the Consecration we either say the 'Mystery of Faith' together, or it is sung by the Cantor alone.'

ALL **We proclaim you death, O Lord,
and profess your resurrection,
until you come again.**

THE 'GREAT AMEN':

At the end of the Eucharistic Prayer, we either say the 'Great Amen' together, or if it is sung by the Cantor alone.

THE 'AGNUS DEI':

During the 'Breaking of the Bread' we either say the 'Agnus Dei' together, or it is sung by the Cantor alone.'

**Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.**

HOLY COMMUNION:

The Rite of Holy Communion and reception of the Blessed Sacrament differs during this period of the pandemic emergency.

The Priest presents the consecrated host and chalice to the people:

PRIEST Behold the lamb of God,
 behold Him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

ALL **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

THE LITURGY OF THE EUCHARIST

As the Altar is prepared music is played.

PRIEST Pray, my brothers and sisters,
that my sacrifice and yours
may be acceptable to God the almighty Father.

ALL **May the Lord accept the Sacrifice at your hands,
for the praise and glory of His name,
for our good and the good of all His holy Church.**

THE PREFACE & EUCHARISTIC PRAYER

The Priest prays over the gifts and then introduces the Preface to the Eucharistic Prayer.

PRIEST The Lord be with you.

ALL **And with your Spirit.**

PRIEST Lift up your hearts.

ALL **We lift them up to the Lord.**

PRIEST Let us give thanks to the Lord our God.

ALL **It is right and just.**

*The Priest continues with the Preface to the Eucharistic Prayer. At its conclusion we either **say the 'Sanctus' together**, or it is sung by the **Cantor alone.***

THE 'SANCTUS':

ALL **Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the Lord.
Hosanna in the highest.**

*In order to **ensure social-distancing PLEASE REMAIN STANDING AFTER THE SANCTUS.** If you need to sit, then please do so.*

THE LITURGY OF THE WORD

FIRST READING:

Job 3: 1. 8-11

Here your proud waves shall break.

From the heart of the tempest the Lord gave Job His answer. He said:

Who pent up the sea behind closed doors when it leapt tumultuous out

of the womb, when I wrapped it in a robe of mist and made black clouds its swaddling bands; when I marked the bounds it was not to cross and made it fast with a bolted gate? Come thus far, I said, and no farther: here your proud waves shall break.



RESPONSORIAL PSALM:

*Please join in **saying** the Response after the Cantor and between the verses of the Psalm., unless the Psalm is sung in its entirety by the Cantor without any response.*

O give thanks to the Lord, for His love endures for ever.

SECOND READING:

2 Corinthians 5: 14-17

Now the new creation is here.

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason He died for all was so that living men should live no longer for themselves, but for Him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know Him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

GOSPEL ACCLAMATION:

We stand and say together the Gospel Acclamation.

Alleluia, alleluia!
May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope His call holds for us.
Alleluia!

GOSPEL:

Mark 4: 35-41

Who can this be?

Even the wind and the sea obey Him.

With the coming of evening that same day, Jesus said to His disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took Him, just as He was, in the boat; and there were other boats with Him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But He was in the stern, His head on the cushion, asleep. They woke Him and said to Him, 'Master, do you not care? We are going down!' And He woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then He said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey Him.'

HOMILY

CREED

We stand to recite together the Nicene Creed.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our

salvation he came down from heaven, At the words that follow up to and including and became man, all bow. and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

THE PRAYER OF THE FAITHFUL

The Prayer of the Faithful is omitted during public Masses during the pandemic emergency, but you are invited to use the time during the Preparation of the Altar for your private prayer so that we continue our mission of praying together.

Please include in your prayers those who are sick, those who have died recently, and those whose anniversaries fall at this time.

FOR OUR SICK:

Mike Baker, Margaret Smith, Lady Angela Whaddon, Ann Hodnett, Jinny Birkbeck, Brian & Margaret Nash, Jan and Margita Pivarnikovi, Sr Francis, Vic Head, Kim Wright, Margaret Maxey, Theresa Axham, Norah Reeve, Catherine Oliver, Charles Burgess, Helen Philips, Edward & Anne Hodnett, Jack Izzo, Peggy Ellis, Davida MacDonald, Christine Dryden, Sheila Morris, Anna Dawson, Maureen & Eddie Doran, Gail Double, Lina Giovoni, Klaudia James, Heather Smith, Phyllis Cornish, Donata Bookham. **May the Lord bring them comfort and healing.**

FOR THOSE WHO HAVE DIED †

For those who have died recently, and for : For those who have died recently, and for John Traylen, Ken Coobes, Kathleen Pratley, Jack Muldoon, Michael Naughton, Jacinta Burke & Clare Rankin whose anniversaries fall this week. **May they rest in peace.**