

I love you above all things and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

The Priest receives Holy Communion.

The Priest then sanitises his hands and taking the covered ciborium containing the hosts for the Communion of the people. PLEASE REMAIN IN YOUR PLACE.

Holy Communion will be given in your hand, so please place one hand over the other, palm upwards. As you the Priest approaches please keep 1 metre distant and stretch out your hands to the Priest who will place the Host in your hands without any words. **There is no need to respond 'Amen' as you have already done this.**

CONCLUDING PRAYER, FINAL BLESSING & DISMISSAL

The Priest gives the Blessing and the dismissal .

Please leave your seats as directed by the stewards, and maintaining social-distancing of 2 metres please move up the aisle towards the Narthex. Please leave the Church, pausing only to sanitise your hands and place any offering you may wish to make in the baskets provided.

Although it will seem unnatural and sad, please do not gather in the car park to chat. Observe social- distancing and return to your cars or leave the premises as quickly as is possible. If you need to wait to leave the car park, please do so inside your car.



CATHOLIC PARISH OF OUR LADY OF PITY SWAFFHAM & WATTON



MASS OF 3RD SUNDAY OF EASTER

SATURDAY 17TH APRIL, 2021

5.00PM WATTON

&

SUNDAY 18TH APRIL, 2021

8.30AM, 10.30AM SWAFFHAM

(PUBLIC & STREAMED)

Public Masses are limited to 30 people.

To book please consult the Website.

www.ourladyofpity.org

ENTRANCE HYMN:

Music will be played at the beginning of Mass.

PENITENTIAL RITE:

The Priest introduces the Penitential Rite. Due to the current pandemic, if the Kyrie is sung by a the Priest or Cantor, then please do NOT join in!

ALL **I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

‘GLORIA’:

The Gloria is said together.

Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God almighty Father.
Lord Jesus Christ, Only-begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One, you alone are the Lord,
you alone are Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

THE ‘AGNUS DEI’:

*During the ‘Breaking of the Bread’ we either say the ‘Agnus Dei’ together, or it is sung by the **Cantor alone.***

**Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.**

HOLY COMMUNION:

The Rite of Holy Communion and reception of the Blessed Sacrament differs during this period of the pandemic emergency.

The Priest presents the consecrated host and chalice to the people:

PRIEST Behold the lamb of God,
 behold Him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

ALL **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

The Priest then presents the Host and the Chalice to the people using the words that are normally said to each as they receive Holy Communion. We respond ‘Amen’ each time. This means that when you receive Holy Communion at the end of Mass, no dialogue is necessary at that point.

PRIEST The Body of Christ.

ALL **Amen.**

As those of us are joining Mass via live streaming are unable to receive Holy Communion, we make together the following Act of Spiritual Communion before the Priest receives the Sacrament.

AN ACT OF SPIRITUAL COMMUNION

**My Jesus,
I believe that you are present in the Most Holy Sacrament.**

THE PREFACE & EUCHARISTIC PRAYER

The Priest prays over the gifts and then introduces the Preface to the Eucharistic Prayer.

PRIEST The Lord be with you.
ALL And with your Spirit.

PRIEST Lift up your hearts.
ALL We lift them up to the Lord.

PRIEST Let us give thanks to the Lord our God.
ALL It is right and just.

The Priest continues with the Preface to the Eucharistic Prayer. At its conclusion we either say the 'Sanctus' together, or it is sung by the Cantor alone.'

THE 'SANCTUS':

ALL Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the Lord.
Hosanna in the highest.

In order to ensure social-distancing PLEASE REMAIN STANDING AFTER THE SANCTUS. If you need to sit, then please do so.

THE MYSTERY OF FAITH:

After the Consecration we either say the 'Mystery of Faith' together, or it is sung by the Cantor alone.'

ALL We proclaim you death, O Lord,
and profess your resurrection,
until you come again.

THE 'GREAT AMEN':

At the end of the Eucharistic Prayer, we either say the 'Great Amen' together, or it is sung by the Cantor alone.

COLLECT

After the Collect we SIT for the Liturgy of the Word.

THE LITURGY OF THE WORD

FIRST READING:

Acts 3: 13-15. 17-19

*You killed the prince of life,
God, however, raised Him from the dead.*

Peter said to the people: 'You are Israelites, and it is the God of Abraham, Isaac and Jacob, the God of our ancestors, who has glorified His servant Jesus, the same Jesus you handed over and then disowned in the presence of Pilate, after Pilate had decided to release Him. It was you who accused the Holy One, the Just One; you who demanded the reprieve of a murderer while you killed the Prince of Life. God, however, raised Him from the dead, and to that fact we are the witnesses.

'Now I know, brothers, that neither you nor your leaders had any idea what you were really doing; this was the way God carried out what He had foretold, when He said through all His prophets that his Christ would suffer. Now you must repent and turn to God, so that your sins may be wiped out.'

RESPONSORIAL PSALM:

Please join in saying the Response after the Cantor and between the verses of the Psalm., unless the Psalm is sung in its entirety by the Cantor without any response.

Lift up the light of your face on us, O Lord.

SECOND READING:

1 John 2: 1-5

*He is the sacrifice that takes our sins away,
and not only our, but the sins of the whole world.*

I am writing this, my children, to stop you sinning; but if anyone should sin, we have our advocate with the Father, Jesus Christ who is just; He is the sacrifice that takes our sins away, and not only ours, but the whole

world's. We can be sure that we know God only by keeping His commandments. Anyone who says 'I know Him', and does not keep His commandments is a liar, refusing to admit the truth. But when anyone does obey what he has said, God's love comes to perfection in him.

GOSPEL ACCLAMATION:

We stand and say together the Gospel Acclamation.

Alleluia, alleluia!

Ord Jesus, explain the scriptures to us.

Make our hearts burn within us as you talk to us.

Alleluia!

GOSPEL:

Luke 24: 35-4 *So you see how it is written that the Christ would suffer
and on the third day rise from the dead..*

The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread. They were still talking about this when Jesus Himself stood among them and said to them, 'Peace be with you!' In a state of alarm and fright, they thought they were seeing a ghost. But He said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as He said this He showed them His hands and feet. Their joy was so great that they could not believe it, and they stood there dumbfounded; so He said to them, 'Have you anything here to eat?' And they offered Him a piece of grilled fish, which He took and ate before their eyes. Then He told them, 'This is what I meant when I said, while I was still with you, that everything written about me in the Law of Moses, in the Prophets and in the Psalms, has to be fulfilled.' He then opened their minds to understand the scriptures, and He said to them, 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in His name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

HOMILY

THE PRAYER OF THE FAITHFUL

The Prayer of the Faithful is omitted during public Masses during the pandemic emergency, but you are invited to use the time during the Preparation of the Altar for your private prayer so that we continue our mission of praying together.

Please include in your prayers those who are sick, those who have died recently, and those whose anniversaries fall at this time.

FOR OUR SICK:

Ann Hodnett, Jinny Birkbeck, Brian & Margaret Nash, Jan and Margita Pivarnikovi, Sr Francis, Vic Head, Kim Wright, Margaret Maxey, Theresa Axham, Norah Reeve, Catherine Oliver, Charles Burgess, Helen Philips, Edward & Anne Hodnett, Jack Izzo, Peggy Ellis, Davida MacDonald, Christine Dryden, Sheila Morris, Anna Dawson, Maureen & Eddie Doran, Gail Double, Lina Giovoni, Klaudia James., Heather Smith, Phyllis Cornish, Donata Bookham, Tina Gammell.

May the Lord bring them comfort and healing.

FOR THOSE WHO HAVE DIED †

For HRH Prince Philip, Tadeusz Nagrodzki, William Shorter and all those who have died recently, and for Sr Mary Clare, Alan Barlow, Peggy Green, Paul Johnstone, Jane Keene, Tommy Smith Catherine Fisher & Reginald Marshall whose anniversaries fall this week.

May they rest in peace.

THE LITURGY OF THE EUCHARIST

As the Altar is prepared music is played.

PRIEST Pray, my brothers and sisters,
that my sacrifice and yours
may be acceptable to God the almighty Father.

ALL **May the Lord accept the Sacrifice at your hands,
for the praise and glory of His name,
for our good and the good of all His holy Church.**